



Royal Bahamas Police Force

Police Emergency
919

Safety Tips For Seniors

Statistics show that the older you get, the less likely you are to be a victim of crime. But it still makes sense to take precautions, especially against fraud and con games, which are the greatest crime threats for seniors. Statistics show that the older you get, the less likely you are to be a victim of crime. However it still makes sense to take precautions, especially against fraud and con games, which are the greatest crime threats for seniors.

Senior Safety Begins at Home

- Install and use good locks on doors and windows.
- Don't hide keys under the doormat, or in a planter. Leave an extra set with a neighbor.
- Make sure the street number on your house is large, well-lighted and unobstructed so emergency personnel can find your home quickly.
- If you decide to install an alarm system, consider one that is monitored for burglary, fire and medical emergencies.

Stay Safe When You Go Out

- Go out with family or friends rather than by yourself.
- Hold your purse close or keep your wallet in an inside front pocket.
- Don't carry large amounts of cash or unneeded credit cards.
- Keep car doors locked, be watchful in parking lots and garages, and try to park in well-lighted spots near entrances.
- Sit near the driver or the exit when riding on a bus
- If a person or situation makes you nervous, get away.

Don't Fall for Con Artists' Tricks

- If it sounds too good to be true — free vacation, miracle cure, sure-fire investment — avoid it.
- If someone tries to rush you into signing an insurance policy, sales contract or anything else of that sort, be very suspicious. Read it carefully and have a trusted friend check it, too.

Should you need more information on Personal Safety or if you have information pertaining to any crime, please do not hesitate to contact the police at '919'.



National Crime Prevention Office

302-8430/1

www.royalbahamaspolice.org

"To make The Bahamas a safer place to live, work, visit and play."

Crime Stoppers

328-TIPS (8477)

Family Islands

(242) 300-TIPS (8477)